

CHARGING WATER | METHOD 1 | WITH MOBILE PHONE

If using a mobile phone, place the speaker side towards a glass or bottle of water. See below example. You will need to determine the speaker side of your phone and place it next to the glass or bottle and ensure that it is exposed directly to the phone's speaker side. Depending on your phone speaker's orientation, you may have to lean the phone against something or lay it flat next to the glass or bottle of water. Due to the low frequencies in the audio track the phone may fall down if the volume is turned up too high. Ensure that the phone is not vibrating from too high volume.



**PLAYBACK FOR 5 MINUTES MINIMUM
THERE'S NO LIMIT ON MAXIMUM TIME**

CHARGING WATER | METHOD 2 | WITH BLUETOOTH SPEAKER OR HARD WIRED SPEAKER

If using a wireless Bluetooth speaker or wired speaker place the speaker side facing the glass or bottle of water.



**PLAYBACK FOR 5 MINUTES MINIMUM
THERE'S NO LIMIT ON MAXIMUM TIME**

CHARGING WATER | METHOD 3 | WITH BLUETOOTH SPEAKER OR HARD WIRED SPEAKER

Ideally, if you have a waterproof wireless Bluetooth speaker or wired speaker, then place the glass or bottle of water on top of the speaker. ***Do not turn up the volume too high in this case as the vibration from the speaker will move the glass or bottle of water and may cause it to fall off the side of the speaker.***



**PLAYBACK FOR 5 MINUTES MINIMUM
THERE'S NO LIMIT ON MAXIMUM TIME**

USING HEADPHONES OR EARPHONES TO PLAYBACK GRABOVOI NUMBERS

Playback the audio through a pair of earphones or headphones and repeat the numbers in your mind. Or let your subconscious take in the numbers while you read a book, meditate, sleep or go about doing whatever you are doing. Listen to the track on waking up and before going to sleep for maximum effect. The minimum listening time is 5-7 minutes. There's no limit to maximum listening time.

You may also playback the audio through your phone's speakerphone or Bluetooth speaker and broadcast it into your immediate surroundings or to the Universe!

Avoid listening with earphones while driving or performing tasks. If you do use it, then please be mindful of your surroundings for safety reasons. You may feel sleepy and pose a potential safety hazard.